

Uganda

FP2030 Indicator Summary Sheet: 2022 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
All Women	Total users of modern methods of contraception*										
	1,680,000	1,830,000	1,980,000	2,160,000	2,380,000	2,580,000	2,780,000	2,960,000	3,180,000	3,400,000	3,630,000
	Modern contraceptive prevalence rate (mCP)										
	21.9%	23.0%	24.0%	25.3%	26.6%	27.5%	28.4%	28.9%	29.7%	30.6%	31.5%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)										
	26.6%	26.0%	25.5%	24.8%	24.1%	24.0%	23.9%	23.7%	23.2%	22.7%	22.2%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)										
	45.1%	46.8%	48.6%	50.5%	52.4%	53.4%	54.3%	55.0%	56.2%	57.4%	58.8%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Married Women	Total users of modern methods of contraception										
	1,270,000	1,370,000	1,480,000	1,610,000	1,770,000	1,910,000	2,050,000	2,160,000	2,320,000	2,480,000	2,650,000
	Modern contraceptive prevalence rate (mCP)										
	27.1%	28.4%	29.8%	31.4%	33.2%	34.3%	35.3%	35.9%	37.0%	38.3%	39.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)										
	37.6%	36.7%	35.8%	34.8%	33.7%	33.1%	32.4%	32.1%	31.4%	30.5%	29.7%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)										
	41.9%	43.7%	45.5%	47.4%	49.6%	50.9%	52.1%	52.7%	54.1%	55.6%	57.2%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Unmarried Women	Total users of modern methods of contraception										
	410,000	450,000	490,000	540,000	600,000	660,000	730,000	800,000	860,000	910,000	970,000
	Modern contraceptive prevalence rate (mCP)										
	13.7%	14.4%	15.2%	16.1%	16.8%	17.6%	18.4%	19.0%	19.5%	19.8%	20.2%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)										
	9.5%	9.6%	9.7%	9.9%	9.8%	10.7%	11.4%	11.4%	11.4%	11.4%	11.4%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)										
	59.2%	60.1%	61.0%	62.0%	63.2%	62.2%	61.8%	62.2%	62.8%	63.2%	63.5%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Number of unintended pregnancies averted due to modern contraceptive use											
	650,000	710,000	770,000	840,000	920,000	990,000	1,070,000	1,130,000	1,200,000	1,290,000	1,350,000
Number of unsafe abortions averted due to modern contraceptive use											
	162,000	177,000	192,000	210,000	230,000	248,000	266,000	281,000	300,000	321,000	336,000
Number of maternal deaths averted due to modern contraceptive use											
	1,700	1,900	2,100	2,300	2,500	2,700	2,900	3,000	3,300	3,500	3,600

Couple Years of Protection (CYPs)											Calculated from routine service provision data
Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	
DHS2	---	---	---	1,789,384	1,486,763	1,923,962	1,759,678	2,272,269	4,105,712	---	

Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	112	2018-19 MIS
Percent of births that are unintended	42%	2016 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Estimated Number of Unintended Pregnancies											
	1,140,000	1,150,000	1,160,000	1,180,000	1,190,000	1,220,000	1,260,000	1,280,000	1,310,000	1,340,000	1,360,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix

Long-Acting and Permanent Methods	Sterilization (female)	4.9%	Source 2020 PMA
	Sterilization (male)	0.3%	
	IUD	4.9%	
	Implant	31.6%	
Short-Term Methods	Injectable	36.0%	Population All Women
	Pill	5.0%	
	Condom (Male)	10.4%	
	Condom (Female)	0.0%	
	LAM	0.0%	
	Standard Days method	2.8%	
	Other Modern Methods	4.1%	

Percentage of facilities stocked out, by method offered, on the day of assessment

Long-Acting and Permanent Methods	Sterilization (female)	3.0%	Source UNFPA SDP Survey
	Sterilization (male)	5.0%	
	IUD	6.0%	
	Implant	13.0%	
Short-Term Methods	Injectable	11.0%	Year 2019
	Pill	13.0%	
	Condom (Male)	10.0%	
	Condom (Female)	24.0%	
	Emergency Contraception	18.0%	
	Other modern methods	n/a	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment	74%	UNFPA SDP Survey	2020
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment	94%	UNFPA SDP Survey	2019

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**

	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	---	---	---	---	---
Discontinuation while not in need	---	---	---	---	---	---
Total discontinuation (all reasons)	---	---	---	---	---	---
Switching to a different method	---	---	---	---	---	---

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	44%	2020 PMA - P1	All Women
Percentage of women who received family planning information during a contact with a health service provider **	36%	2021 PMA - P1	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods)			
Public	65%	2021 PMA P2	---
Private Medical	31%		
Other	3%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners	91%	2021 PMA P2	---

Investment in Family Planning

	Value	Source	Year
Annual expenditure on family planning from government domestic budget (USD \$)	\$ 419,158	WHO	2019

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
All Women										
3.2%	3.3%	3.3%	3.3%	3.4%	3.6%	3.8%	4.0%	3.9%	3.8%	3.7%
Married Women										
4.5%	4.5%	4.6%	4.7%	4.8%	5.0%	5.3%	5.5%	5.5%	5.3%	5.1%
Unmarried Women										
1.2%	1.3%	1.3%	1.3%	1.3%	1.6%	1.7%	1.7%	1.6%	1.6%	1.5%

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.

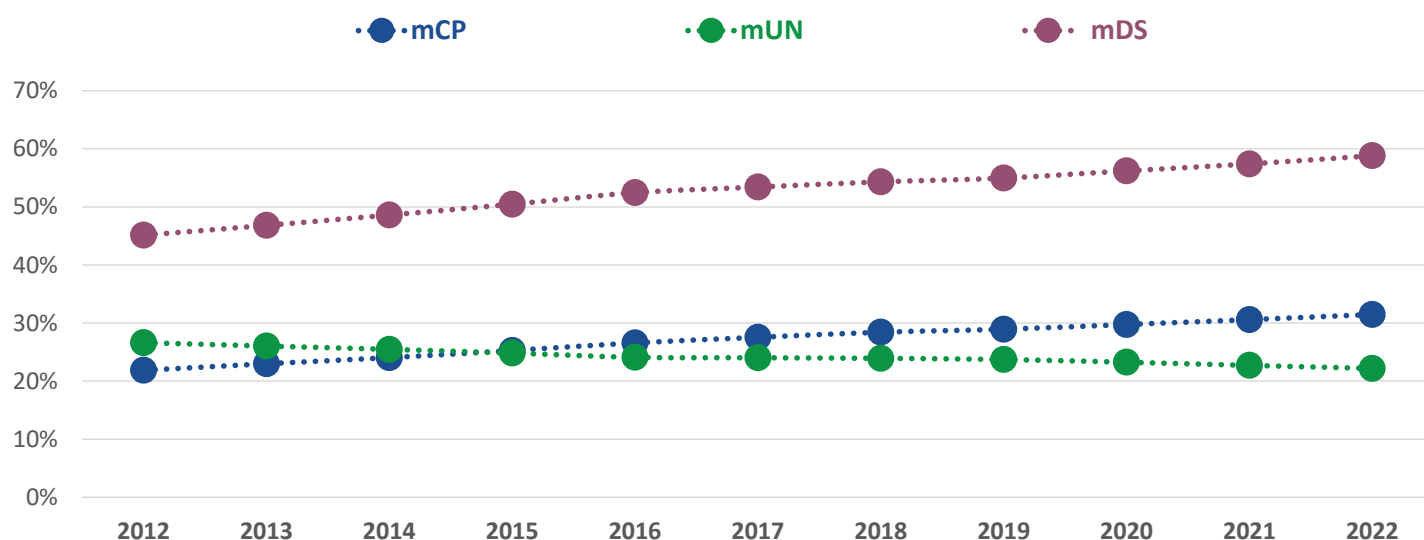


Uganda

FP2030 Country Fact Sheet - 2022

	Estimate for 2012	Estimate for 2022
● Total Users of Modern Contraception	1.7 M	3.6 M
● Modern Contraceptive Prevalence Rate (mCP)	21.9%	31.5%
● Unmet Need for Modern Contraception (mUN)	26.6%	22.2%
● Demand Satisfied for Modern Contraception (mDS)	45.1%	58.8%

Trends in Contraceptive Use, Unmet Need, and Demand Satisfied (2012-2022)



In 2022, we estimate

3,630,000

women are using a modern method of contraception in Uganda

As a result of modern contraceptive use:

1,350,000

unintended pregnancies prevented

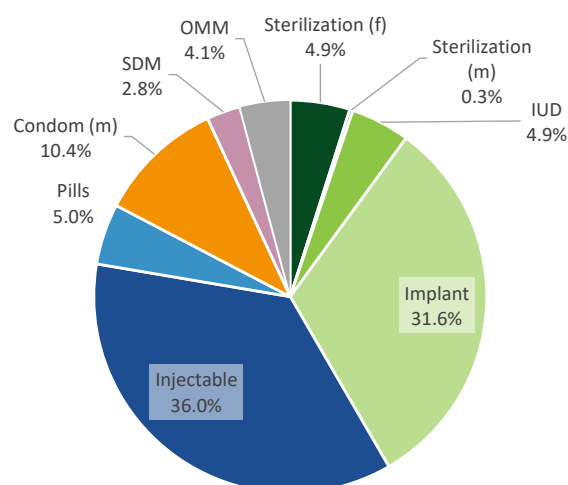
336,000

unsafe abortions averted

3,600

maternal deaths averted

Modern Contraceptive Method Mix



Source : 2020 PMA (All Women)

Data recency: color indicates year of most recent data used to inform estimates

- New : After 2017
- Recent : 2012 to 2017
- Old : Prior to 2012

Note: the population for all indicators is all women of reproductive age (15-49) unless otherwise noted.

Data sourced from FP2030
2022 Measurement Report